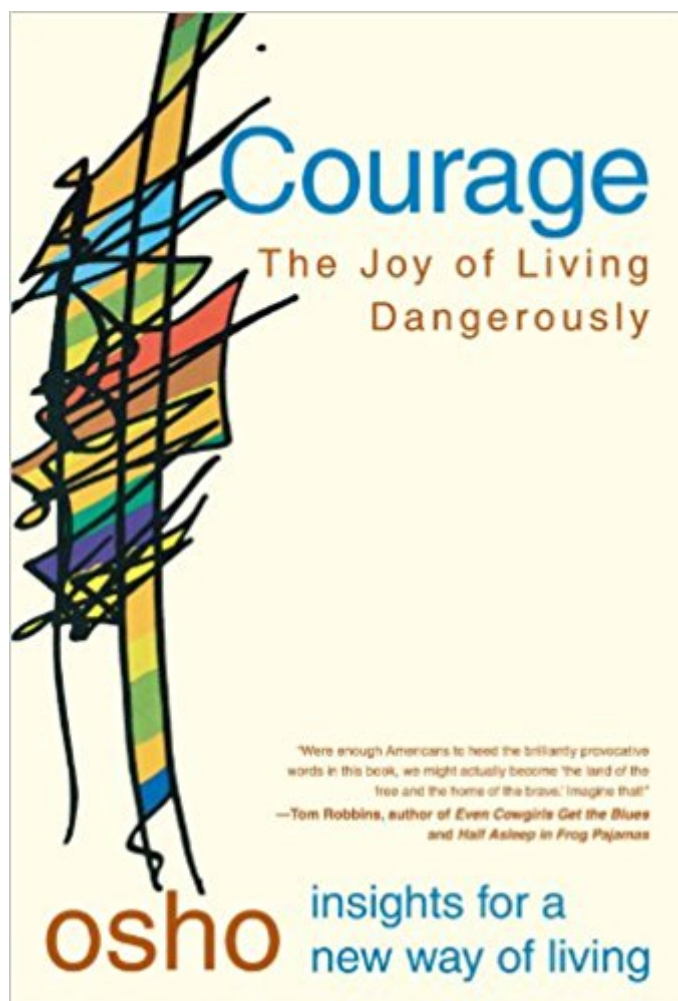


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Courage: The Joy Of Living Dangerously



Synopsis

Courage is not the absence of fear, says Osho. It is, rather, the total presence of fear, with the courage to face it. This book provides a bird's-eye view of the whole terrain-where fears originate, how to understand them, and how to find the courage to face them. In the process, Osho proposes that whenever we are faced with uncertainty and change in our lives, it is actually a cause for celebration. Instead of trying to hang on to the familiar and the known, we can learn to enjoy these situations as opportunities for adventure and for deepening our understanding of ourselves and the world around us. The book begins with an in-depth exploration of the meaning of courage and how it is expressed in the everyday life of the individual. Unlike books that focus on heroic acts of courage in exceptional circumstances, the focus here is on developing the inner courage that enables us to lead authentic and fulfilling lives on a day-to-day basis. This is the courage to change when change is needed, the courage to stand up for our own truth, even against the opinions of others, and the courage to embrace the unknown in spite of our fears-in our relationships, in our careers, or in the ongoing journey of understanding who we are and why we are here. Courage also features a number of meditation techniques specifically designed by Osho to help people deal with their fears.

Book Information

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Customer Reviews

Osho is one of the best-known and most provocative spiritual teachers of the twentieth century. Beginning in the 1970s he captured the attention of young people from the West who wanted to

experience meditation and transformation. More than 20 years after his death, the influence of his teachings continues to grow, reaching seekers of all ages in virtually every country of the world.

Ooh-- I'm in the middle of this book! It's very provocative & in-your-face opinionated by our friend Osho here. I bought this book (after shopping all of Osho's) mostly b/c Teal Swan Loves him. I'm going to wait a little while longer to see how I feel... But it's refreshing to hear a New Age/Spiritual author really put it out there & tell it like it is (or at least how HE feels!) He's confrontational ~ this man is NOT trying to get your approval or sell books; so I'm more likely to listen to what he's saying... then decide for myself... (will Update)

This is probably one of my top 3 favorite books of all time along with Models and Psycho cybernetics. Osho has a way with words that is able to impact the audience like no other. We've all listened to motivational speeches addressing fear, but Osho talks about the aspects that others haven't even touched before. A great lesson that I've learned is that living freely and courageously means following your heart. At times it could lead to you to grand adventures, but at the same time, it could also lead down to scary roads too. These days many people are living by their mind too much. The mind is a great instrument, but it's always calculating and analyzing, which causes people to suffer from analysis paralysis. The best way to live a happy and fulfilling life is to follow your heart and take a leap of faith!

Loved this book. Definitely changed my perspective on fear and courage. It encouraged me to live life dangerously because that is how it is best lived. I happen to be a Christian and don't necessarily agree with everything he says in this book, definitely changed my perspective on how I view fear, courage, living life to the fullest, etc. I have also read Intimacy and Fear which are both classics in my opinion. Some other books by Osho I have read are The Power of Love, Emotions, Freedom, Love, Freedom, Aloneness.

What a book! I feel young again :) putting pseudo-spiritual mood aside, this book presents a view on the reality that simply allows to live more in harmony and with Self-confidence. I'd recommend it to read for everyone, it's pretty easy to read.

Osho in one word: Powerful. After only getting ankle deep in 'Courage', the insights and loving wisdom of Osho is as clear as desert night skies. If you are looking for ways to adjust your current

daily behaviors or thought patterns in order to live a much more bountiful, rewarding and courageous life, this book is a wonderful step down that path."[...]Courage is risking the known for the unknown, the familiar for the unfamiliar, the comfortable for the uncomfortable, arduous pilgrimage to some unknown destination. One never knows whether one will make it or not. It is gambling, but only the gamblers know what life is."

There is something about the way Osho constructs his sentences that is really fascinating. This book I HIGHLY recommend.

LOVE IT!!! This book changed my life! If your fears are holding you back, this book is for you! if you suffer from anxiety, this book is for you! If you want to take control of your life, this book is for you! Okay well you get the point. I could not put this book down and finished it in about 2 days. If you're looking to read your very first OSHO book, I would highly recommend this one :)

Osho was prolific - and I'm only starting to delve into his huge canon of work. The Joy of Living Dangerously may be one of the best books written on individuality. What makes Osho compelling is his ability to create a picture for the reader - strong examples, compelling arguments and reasoning (for lack of better terms since Osho isn't "arguing" his point) which will enlighten and illuminate any reader. The book is ideal for anyone who feels stuck in life; a relationship; etc - sure, many wise authors will offer views that may overlap with what you read here. But the real reason to get this is for Osho's effortless ease of writing - his simplicity and straightforward style is hard to better and makes this enjoyable if thought provoking to read. I had some "a-ha" moments and I'm sure you will too.

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